## METASPRINT SERIESSINGAPORE

20 APRIL 2017 EAST COAST PARK



TRIATHLON



TRIATHLON SPRINT DISTANCE



## John Friedman

| Swim 750m Split Time: | 00:21:25 | Total Time:        | 01:23:53 |  |
|-----------------------|----------|--------------------|----------|--|
| Bike 18km Split Time: | 00:34:47 | Category Position: | 22/148   |  |
| Run 5km Split Time:   | 00:21:17 | Overall Rank:      | 213/918  |  |





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