



CIVIL SERVICE CLUB

# SINGAPORE DUATHLON

**RUN IT.**  
**BIKE IT.**  
**DU IT.**

## SPRINT DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

**Heidi Groensedt**

**5KM RUN**

00:24:26

**TOTAL TIME**

01:17:09

**18KM BIKE**

00:34:34

**CATEGORY POSITION**

1/15

**2.5KM RUN**

00:14:14

**OVERALL RANK**

57/299

**MetaSport**



[www.singaporeduathlon.com](http://www.singaporeduathlon.com)