



CIVIL SERVICE CLUB

SINGAPORE DUATHLON

RUN IT.
BIKE IT.
DU IT.

SPRINT DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

Ian Grundy

5KM RUN

TOTAL TIME

18KM BIKE

CATEGORY POSITION /77

2.5KM RUN

OVERALL RANK /299

MetaSport



www.singaporeduathlon.com