



**BINTAN
TRIATHLON**
2014



Congratulations to

Russell LIEW

For your participation in the **Bintan Triathlon Youth Distance**

SWIM	Distance: 300m	Timing: 00:03:49
BIKE	Distance: 12km	Timing: 00:25:02
RUN	Distance: 3km	Timing: 00:16:35

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
12-13	00:46:28	2	1