



**BINTAN
TRIATHLON**
2014



Congratulations to

Craig LYGOE

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:13:07
BIKE	Distance: 20km	Timing: 00:39:16
RUN	Distance: 5km	Timing: 00:26:29

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
30-39	01:20:47	18	2