



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

## **The 4th Place Finish**

For your participation in the **Bintan Triathlon Sprint Distance**

<b>SWIM</b>	Distance: <u>750m</u>	Timing: <u>00:16:16</u>
<b>BIKE</b>	Distance: <u>20km</u>	Timing: <u>00:48:42</u>
<b>RUN</b>	Distance: <u>5km</u>	Timing: <u>00:32:42</u>

<b>CATEGORY</b>	<b>TOTAL TIME</b>	<b>OVERALL RANK</b>	<b>CATEGORY RANK</b>
<u>Team</u>	<u>01:39:00</u>	<u>110</u>	<u>8</u>