



**BINTAN
TRIATHLON**
2014



Congratulations to

Richard POLLARD

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:14:17
BIKE	Distance: 20km	Timing: 00:47:22
RUN	Distance: 5km	Timing: 00:40:40

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
50+	01:47:02	181	13