



**BINTAN
TRIATHLON**
2014



Congratulations to

Nikki SHAW

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:18:35
BIKE	Distance: 20km	Timing: 00:46:28
RUN	Distance: 5km	Timing: 00:32:50

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:40:53	124	10