



**BINTAN
TRIATHLON**
2014



Congratulations to

Karen BLACK

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:25:45
BIKE	Distance: 20km	Timing: 01:05:20
RUN	Distance: 5km	Timing: 00:43:50

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	02:19:48	333	38