



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Danar WIHANDOYO**

For your participation in the **Bintan Triathlon Sprint Distance**

<b>SWIM</b>	Distance: 750m	Timing: 00:20:24
<b>BIKE</b>	Distance: 20km	Timing: 00:48:58
<b>RUN</b>	Distance: 5km	Timing: 00:35:00

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:47:52	190	61