



**BINTAN
TRIATHLON**
2014



Congratulations to

Gregorius GINTING

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:21:40
BIKE	Distance: 20km	Timing: 00:56:39
RUN	Distance: 5km	Timing: 00:43:08

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	02:07:46	310	79