



**BINTAN
TRIATHLON**
2014



Congratulations to

Laura HELLGETH

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:16:58
BIKE	Distance: 20km	Timing: 00:56:15
RUN	Distance: 5km	Timing: 00:41:35

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	02:00:00	273	29