



**BINTAN
TRIATHLON**
2014



Congratulations to

Sander VAN 'T HOOG

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:23:59
BIKE	Distance: 20km	Timing: 00:50:52
RUN	Distance: 5km	Timing: 00:42:21

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
30-39	02:01:36	284	69