



**BINTAN
TRIATHLON**
2014



Congratulations to

Donna MCWILLIAMS

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:16:20
BIKE	Distance: 20km	Timing: 00:49:07
RUN	Distance: 5km	Timing: 00:41:42

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
30-39	01:49:18	203	15