



**BINTAN
TRIATHLON**
2014



Congratulations to

Nadine PUNCH

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:18:48
BIKE	Distance: 20km	Timing: 00:52:55
RUN	Distance: 5km	Timing: 00:37:42

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
30-39	01:53:56	234	20