



**BINTAN
TRIATHLON**
2014



Congratulations to

Immanuel REONALD

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: <u>750m</u>	Timing: <u>00:19:11</u>
BIKE	Distance: <u>20km</u>	Timing: <u>00:55:52</u>
RUN	Distance: <u>5km</u>	Timing: <u>00:40:15</u>

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>30-39</u>	<u>02:00:46</u>	<u>281</u>	<u>67</u>