



**BINTAN
TRIATHLON**
2014



Congratulations to

Ghozie DALEL

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM Distance: 750m Timing: _____

BIKE Distance: 20km Timing: _____

RUN Distance: 5km Timing: _____

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>30-39</u>	_____	_____	_____