



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Laura Eileen O' CONNELL**

For your participation in the **Bintan Triathlon Sprint Distance**

<b>SWIM</b>	Distance: <u>750m</u>	Timing: <u>00:17:25</u>
<b>BIKE</b>	Distance: <u>20km</u>	Timing: <u>00:44:14</u>
<b>RUN</b>	Distance: <u>5km</u>	Timing: <u>00:30:19</u>

<b>CATEGORY</b>	<b>TOTAL TIME</b>	<b>OVERALL RANK</b>	<b>CATEGORY RANK</b>
<u>16-29</u>	<u>01:34:37</u>	<u>86</u>	<u>4</u>