



**BINTAN
TRIATHLON**
2014



Congratulations to

Dale MCALLISTER

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:33:00
BIKE	Distance: 40km	Timing: 01:15:23
RUN	Distance: 10km	Timing: 01:07:21

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
55-59	02:59:06	211	5