



**BINTAN
TRIATHLON**
2014



Congratulations to

Steen PUGGAARD

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:28:41
BIKE	Distance: 40km	Timing: 01:10:46
RUN	Distance: 10km	Timing: 00:55:27

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	02:36:38	68	12