



**BINTAN
TRIATHLON**
2014



Congratulations to

Richard Julian PARKINSON

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM Distance: 1500m Timing: _____

BIKE Distance: 40km Timing: _____

RUN Distance: 10km Timing: _____

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>45-49</u>	_____	_____	_____