



**BINTAN
TRIATHLON**
2014



Congratulations to

Jay LIM

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:41:17
BIKE	Distance: 40km	Timing: 01:21:33
RUN	Distance: 10km	Timing: 01:07:33

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	03:13:02	308	54