



**BINTAN
TRIATHLON**
2014



Congratulations to

Budhi Prakoso SASTROWARDOYO

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:44:27
BIKE	Distance: 40km	Timing: 01:44:00
RUN	Distance: 10km	Timing: 01:41:46

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	04:12:31	491	72