



**BINTAN
TRIATHLON**
2014



Congratulations to

Rory LAVERY

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:32:32
BIKE	Distance: 40km	Timing: 01:29:56
RUN	Distance: 10km	Timing: 01:05:06

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	03:11:19	302	56