



**BINTAN
TRIATHLON**
2014



Congratulations to

Michiel VAN SELM

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:33:18
BIKE	Distance: 40km	Timing: 01:15:09
RUN	Distance: 10km	Timing: 01:03:40

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:55:09	184	39