



**BINTAN
TRIATHLON**
2014



Congratulations to

John DALTON

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:31:34
BIKE	Distance: 40km	Timing: 01:15:38
RUN	Distance: 10km	Timing: 00:52:08

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:44:43	112	26