



**BINTAN
TRIATHLON**
2014



Congratulations to

Afif RUSMAN

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:39:51
BIKE	Distance: 40km	Timing: 01:22:32
RUN	Distance: 10km	Timing: 01:11:52

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	03:18:29	342	65