



**BINTAN
TRIATHLON**
2014



Congratulations to

Samuel CAREW-JONES

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:32:38
BIKE	Distance: 40km	Timing: 01:24:21
RUN	Distance: 10km	Timing: 01:05:44

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	03:08:08	279	51