



**BINTAN
TRIATHLON**
2014



Congratulations to

Ragnar ANG

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:36:19
BIKE	Distance: 40km	Timing: 01:22:01
RUN	Distance: 10km	Timing: 00:57:20

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	03:00:51	229	44