



**BINTAN
TRIATHLON**
2014



Congratulations to

Arlan Perkasa LUKMAN

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:39:38
BIKE	Distance: 40km	Timing: 01:15:09
RUN	Distance: 10km	Timing: 00:55:01

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
35-39	02:54:42	182	36