



**BINTAN
TRIATHLON**
2014



Congratulations to

Michael Ross COSGROVE

For your participation in the **Bintan Triathlon Olympic Distance**

| | | |
|-------------|-----------------|------------------|
| SWIM | Distance: 1500m | Timing: 00:39:06 |
| BIKE | Distance: 40km | Timing: 01:20:30 |
| RUN | Distance: 10km | Timing: 01:22:14 |

| CATEGORY | TOTAL TIME | OVERALL RANK | CATEGORY RANK |
|----------|------------|--------------|---------------|
| 30-34 | 03:26:10 | 389 | 51 |