



**BINTAN
TRIATHLON**
2014



Congratulations to

Paul HANLON

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:38:20
BIKE	Distance: 40km	Timing: 01:29:16
RUN	Distance: 10km	Timing: 00:55:21

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
30-34	03:09:07	287	38