



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Sebastien LHERMITE**

For your participation in the **Bintan Triathlon Olympic Distance**

|             |                 |                  |
|-------------|-----------------|------------------|
| <b>SWIM</b> | Distance: 1500m | Timing: 00:33:02 |
| <b>BIKE</b> | Distance: 40km  | Timing: 01:22:48 |
| <b>RUN</b>  | Distance: 10km  | Timing: 01:04:50 |

| CATEGORY | TOTAL TIME | OVERALL RANK | CATEGORY RANK |
|----------|------------|--------------|---------------|
| 25-29    | 03:04:16   | 256          | 17            |