



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Brandon FROST**

For your participation in the **Bintan Triathlon Olympic Distance**

<b>SWIM</b>	Distance: 1500m	Timing: 00:32:30
<b>BIKE</b>	Distance: 40km	Timing: 01:09:26
<b>RUN</b>	Distance: 10km	Timing: 00:59:54

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
25-29	02:44:48	113	7