









TRIATHLON SPRINT DISTANCE



CONGRATULATIONS TO:

Yeok Koon Quak

01:27:19 00:21:48 00:01:59 Transition 2 Time: **Total Time:** 750m Swim Time:

00:03:21 00:24:57 30/74 5km Run Time: Category Rank: Transition 1 Time:

00:35:12 226/601 **Overall Rank:** 18km Bike Time:























































