



8 MARCH 2020
F1 VILLAGE

METASPRINT SERIES SINGAPORE

A FUN way to be a TRIATHLETE



METASPRINT SERIES DUATHLON YOUTH DISTANCE

FINISHER

Congratulations to:

Sera Emmers

1.5km Run Time: _____

Total Time: _____

12km Bike Time: _____

Category Position: /10

1.5km Run Time: _____

Overall Rank: /91



METASPORT

DECATHLON

PURE
SPORTS NUTRITION

jeffgoh
totalfitness
STRENGTH & CONDITIONING,
NUTRITION, SPORTS MASSAGE

f @metasprintseries
www.metasprintseries.com