



8 MARCH 2020  
F1 VILLAGE

# METASPRINT SERIES SINGAPORE

A FUN way to be a TRIATHLETE



## METASPRINT SERIES DUATHLON YOUTH DISTANCE

# FINISHER

Congratulations to:

## Nora Howard

1.5km Run Time: 00:07:20

Total Time: 00:47:52

12km Bike Time: 00:29:23

Category Position: 6/10

1.5km Run Time: 00:08:21

Overall Rank: 43/91



METASPORT

DECATHLON

PURE  
SPORTS NUTRITION

jeffgoh  
totalfitness  
STRENGTH & CONDITIONING,  
NUTRITION, SPORTS MASSAGE

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www.metasprintseries.com