



8 MARCH 2020
F1 VILLAGE

METASPRINT SERIES SINGAPORE

A FUN way to be a TRIATHLETE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Lay Hoon Ng

3km Run Time: 00:14:44

Total Time: 01:16:27

18km Bike Time: 00:42:28

Category Position: 12/30

3km Run Time: 00:16:08

Overall Rank: 413/649



METASPORT

DECATHLON

PURE
SPORTS NUTRITION

jeffgoh
totalfitness
STRENGTH & CONDITIONING
NUTRITION, SPORTS MASSAGE

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