



8 MARCH 2020
F1 VILLAGE

METASPRINT SERIES SINGAPORE

A FUN way to be a TRIATHLETE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jo Friedmann

3km Run Time: 00:10:09

Total Time: 00:52:59

18km Bike Time: 00:29:07

Category Position: 4/37

3km Run Time: 00:11:20

Overall Rank: 12/649



METASPORT

DECATHLON

PURE
SPORTS NUTRITION

jeffgoh
totalfitness
STRENGTH & CONDITIONING
NUTRITION, SPORTS MASSAGE

f @metasprintseries
www.metasprintseries.com