



8 MARCH 2020
F1 VILLAGE

METASPRINT SERIES SINGAPORE



A FUN way to be a TRIATHLETE

METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Richard Firth

3km Run Time: _____

Total Time: _____

18km Bike Time: _____

Category Position: /32

3km Run Time: _____

Overall Rank: /649



METASPORT

DECATHLON

PURE
SPORTS NUTRITION

jeffgoh
totalfitness
STRENGTH & CONDITIONING
NUTRITION, SPORTS MASSAGE

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