

**Indofood**  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3** BINTAN  
INDONESIA

# FINISHER



## CONGRATULATIONS:

### Mal Joseland

**SWIM:** 00:32:55 **BIKE:** 02:24:00 **RUN:** 01:47:53 **OVERALL:** 04:48:42

**AGE GROUP:** 45-49 **AGE GROUP RANKING:** 5/108

**OVERALL RANKING:** 24/733

### #IM703BINTAN

**METASPORT**

**Indofood**  
THE SYMBOL OF QUALITY FOODS

wonderful  
indonesia

**bintan**  
Breath-taking Journey

**BINTAN**  
**RÉSORTS**