



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON KIDS DISTANCE

# FINISHER

Congratulations to:

Lam Bao Nguyen

150m Swim Time: 00:03:33

Total Time: 00:38:11

6km Bike Time: 00:23:22

Category Position: 21/27

1.5km Run Time: 00:06:58

Overall Rank: 118/164

METASPORT

GEMS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)