



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON YOUTH DISTANCE

# FINISHER

Congratulations to:

Mai Sao Lam

250m Swim Time: 00:05:11

Total Time: \_\_\_\_\_

12km Bike Time: 00:16:18

Category Position: /26

2.5km Run Time: 00:16:08

Overall Rank: /103

METASPORT

GEMS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)