



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON YOUTH DISTANCE

FINISHER

Congratulations to:

Matthew S.W. Long

250m Swim Time: 00:04:32

Total Time: 00:45:36

12km Bike Time: 00:23:26

Category Position: 6/35

2.5km Run Time: 00:14:11

Overall Rank: 23/103

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com