



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Reginald Ho

250m Swim Time: 00:07:03

Total Time: 00:50:37

12km Bike Time: 00:23:06

Category Position: 5/42

2.5km Run Time: 00:14:09

Overall Rank: 24/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com