



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

James Ascough

250m Swim Time: 00:05:34

Total Time: 00:55:13

12km Bike Time: 00:32:06

Category Position: 24/43

2.5km Run Time: 00:13:17

Overall Rank: 57/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com