Swim Run 77		METASPRINT SERIESSINGAPORE
Bike 28 April 2019	METASPRINT SERIES TRIATHLON SPRINT DISTANCE	
EAST COAST PARK		In a state of the
James Waterhouse		
750M Swim Time:	00:14:22	Total Time: 01:04:51
18km Bike Time:	00:27:41	Category Position: 3/141
5km Run Time:	00:20:10	Overall Rank: 16/1003
METASPORT	Contractions World Academy (Senserve)	Signature State St
A FUN way to be	a TRIATH	LETE www.metasprintseries.com