



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Richardson Navo

750M Swim Time: 00:12:44

Total Time: 01:13:26

18km Bike Time: 00:30:44

Category Position: 9/18

5km Run Time: 00:26:56

Overall Rank: 102/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com