



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jamal Ismail

750M Swim Time: 00:25:56

Total Time: 01:51:29

18km Bike Time: 00:36:56

Category Position: 120/126

5km Run Time: 00:40:10

Overall Rank: 899/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com