



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Samuel Carew-Jones

750M Swim Time:	00:16:22	Total Time:	01:23:39
18km Bike Time:	00:33:09	Category Position:	43/126
5km Run Time:	00:27:38	Overall Rank:	299/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com